

(Year 2014)

"Your persistent support to the Bhutan Kidney Foundation in many ways has enabled us to fill the gaps and confront challenges head on... As a support group for the lives affected with renal diseases, the following pages detail the work we have buoyed through the support of our partner organizations, members and all the contributors".

BKF/AR-2014

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1. BKF'S PROFILE

1.1. About BKF

The Bhutan Kidney Foundation (Further referred as BKF) was established in 2012 in response to the rampant rise of kidney failure patients in Bhutan.

The Foundation was established under the patronage of Her Majesty the Gyaltsuen, Jetsun Pema Wangchuck with the principle purpose to function as a support group for the well-being of Renal (kidney-related) patients in Bhutan and enhance awareness of the general public on renal diseases in the country.

BKF is a registered **Public Benefit Organization** as per the requirements of the Civil Society Organization Act of the Kingdom of Bhutan and a Board of Trustees governs it. The Foundation was registered on **15**th **August, 2012** corresponding to the **28**th **day of the 6**th **Bhutanese month of the Water Male Dragon Year** with its registration number: **CSOA/PBO-23**

1.2. Vision

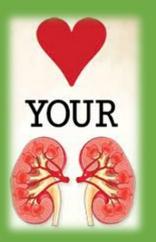
To support and improve health conditions and overall well-being of kidney patients in Bhutan through promotion, prevention and curative measures thereby contributing towards Gross National Happiness.

1.3. Mission

The Foundation strives towards ensuring quality health services for all kidney patients in Bhutan through appropriate interventions to enable them to contribute equally towards socio economic development of the country.

1.4. Objective

To review, reform, initiate and support policies, plans, programs and activities for promotion of overall wellbeing of renal patients in Bhutan and prevent other vulnerable Bhutanese from acquiring renal diseases.



Safeguard Your
Hardworking Kidneys

2014- THE YEAR THAT WAS

2. ACTIVITIES & PROGRAM

2.1. World Kidney Day (13th March 2014)

His Excellency

graced the day as a guest of honor and few

to

the

Lyonpo Tandin

Health

Minister

renowned singers

featured

support

event.

Wangchuk,

The Bhutan Kidney Foundation in collaboration with the Royal Institute of Health & Science (RIHS) observed the first ever World Kidney Day on 13th March 2014 at the Clock Tower Square, Thimphu.



Figure 1: Honorable Health Minister gracing the event

Revealing the facts and figures on kidney health and its diseases, the day spread awareness on the disease itself and issues pertaining to it.





Figure 2: Public in queue to avail medical facility Figure 3: A group of dancer supporting the event

Free medical checkup such as Blood Pressure, Random Blood Sugar and Body Mass Index were facilitated to the general public where an approximate of 453 people turned up to avail the services.

2.2. BKF's Anniversary(15th August 2015)

Engaging the patients of Thimphu Patient Guest House, the BKF observed its 2nd anniversary at the Memorial Chorten along with the Doctors and health volunteers of Faculty of Nursing and Public Health (FNPH). The team lit butter lamps and offered prayers for the wellbeing of all the kidney patients.

Free checkup of Blood Pressure was also organized at the Memorial Chorten where 125 people turned up to avail the service provided by FNPH team led by Dr. Chencho Dorji, Director of FNPH under University of Medical Sciences of Bhutan.





Figure 4: Kidney patients lighting the butter lamps

Figure 5: A health worker facilitating BP check up

3. MEETINGS & GATHERINGS

3.1. Patients' Meet(13th June 2014)

The first ever patients meet was organized at Tarayana Foundation's Conference Hall.

The historic meeting saw 81 participants comprising patients on dialysis and their families, transplant recipients and donors and few public.

Figure 6: BKF Executive Director presenting the Foundation's profile



Issues were discussed and voiced raised on the problems associated with the disease. Further remedies were also tabled to fight the disease together.

Outcome: Necessary meetings to be held with Govt. addressing the issues discussed.

3.2. Audience with Their Majesties (8th August 2014):

Their Majesties granted an audience to the BKF's 15 member team comprising of on dialysis patients, transplant recipients, volunteer kidney donors and staffs and board members of the Foundation.

Sharing the concerns on growing trend of kidney disease, its issues and the impact it causes, His Majesty the King commanded to build a four storied building in Thimphu with sufficient space to accommodate exclusively the kidney patients on dialysis. His Majesty also commanded that one storied of the structure should be made as the Dialysis Centre so that patients can receive dialysis from the same place without having to go anywhere.

3.3. Meeting with MoHCA (21st August 2015)

Following the Government's ban on the financial donation by patients' party, the Bhutan Kidney Foundation along with the kidney patients and their families, transplant recipients and donors met honorable Minister, Ministry of Home and Culture



Figure 7: Hon'ble Home Minister addressing the participants



Figure 8: A participant (patient) apprising general issues on kidney to Hon'ble Minister

Affairs, Lyonpo Damcho Dorji at National Resources Development Corporation Limited Conference hall.

The meeting exclusively discussed on the alternatives to support patients as the ban has been imposed. As a result, the Foundation was authorized to raise fund on behalf of kidney patients and the support to be extended based on the degree of genuineness in accordance to the beneficiaries criteria developed by the Foundation. Further, the nature of expenditure at treatment centers has also been raised and measures such as increment in travel and daily allowances has been proposed.

Outcome: i. Increased travel allowance for general patients referred for treatment in India. ii. Increment of DSA for referred patients (general) to be discussed.

3.4. Meeting with 5 patients. (1st September 2014)

In keeping with the command of His Majesty the King to save the lives of 5 dialysis patients presented during the audience on 8th August, the Foundation called for a special meeting with the immediate family members of the patients on 1st September.



Figure 9: BKF's Chairperson explaining on transplant treatment to patients' families

The BKF's Chairperson chaired the meeting particularly encouraging the family members to consider the transplant treatment identifying the donors within the family and close relatives.





Figure 10: Patients' family members at the meeting

Figure 11: Two volunteer donors during the meeting

Two volunteer donors were also engaged to educate the family members on what is like to be a donor and its positive results and life thereafter.

Outcome: 2 patients were confirmed to go for transplant with their potential donors after learning about the impacts on being a donor.

3.5. Meeting with MoH (24th September, 2014) Seeing the importance for collaboration work with the relevant Ministries and agencies, the Foundation along with few dialysis patients of Mongar Hospital met honorable Minister, Lyonpo Tandin Wangchuk at the Ministry of Health's conference hall.

The meeting discussed on the areas and ways that BKF



Figure 12: Hon'ble Minister addressing the participants

and Ministry of Health could collaborate for the common projects and activities. The patients presented also apprised His Excellency on the issues of inadequate dialysis frequency in Mongar due to regular breakdown of machines.

Outcome: A new dialysis machine has been given to Mongar Hospital.

3.6. Meeting with 2 patients(1st December 2014)

As a follow up to the meeting conducted with 5 patients



Figure 13: BKF's Chairperson and ED with the patients' family at BKF office

on 1st September, the Foundation led by its Chairperson summoned the patients' family members for further discussion.

The patients' immediate family members were incited of the BKF exertion for the pursuit of suitable donors and were reiterated and educated on the importance of inputs the concerned family members need to put.

Since the patients didn't have any related donors, the Foundation decided to make a first attempt to look for donors making a public announcement via BBS which would be broadcasted for three consecutive days.

4. COUNSELLING SERVICES

4.1. At BKF's Office

Awareness and advocacy program, and guidance to the patients in regard to daily health care on diet and lifestyle have been the primary objectives of BKF ever since its inception.

The Foundation aspires to outreach the patients and their family on imparting knowledge to combat the disease in every possible measure.



Figure 14: BKF's Executive Director counseling patient's family

The year 2014 saw 126 patients visiting BKF's office to avail various services. The visitors included dialysis patients, donors and acute renal failure. In an average, at least three patients visit BKF office to seek:

- i. Financial supports for local transportation and review/treatment in India;
- ii. Concern letter for the broadcast in media to look for volunteer organ donor;
- iii. Counseling by acute renal failure;
- iv. Counseling and guidance on transplant procedure;
- v. Guidance on finding and matching volunteer donors and others.









Figure 15: Counseling sessions at BKF's office

5. PATIENTS SUPPORT

5.1. Grocery Supply

The Patients Guest House in Thimphu and Mongar accommodates 90% of kidney patients undergoing dialysis. The patients reside at the welfare house in absence of their relatives in the city where dialysis facilities are available. Undergoing long term treatment and meeting ones end such as daily need becomes very challenging and stressful for both the patients and their attendants.







Figure 16: Supply of groceries at the PGH, Thimphu

The BKF as a support group actively intervenes in this areas thus coordinates and look for compassionate individuals and groups for the supply of groceries to patients while the foundation supply in absence of any suppliers.

Such timely intervention is seen as crucial activity and believed to relief the patients' burden from the already existing trauma they live with the disease.

5.2. Children Support

i. Academic Support

The children of unprivileged kidney failure patients remained vulnerable when the family's fate worsen as a consequences of their parents falling victim to the disease. These vulnerability poses greater threat to children's career as the options are limited when their sole bread earner is handicapped and these further weakens the patients as to how they could afford the children's expenses.



Figure 17: CKD patient Karsang after receiving support for his three children from Mrs. Tshering Choden of MoIC



Figure 18: CKD patient Yeshi Tshering after receiving support for his two children from Kuenphen Medical



Figure 19: Yeshi with his two school going children

In the wake of these situations, the Foundation identified these areas much needed to extend support encouraging the children to continue their education. The Foundation collaborates with potential volunteers and respective schools of beneficiaries on the areas that would need immediate support for the children.

ii. School shoes & others.













Figure 20: Few of the beneficiaries after the support from BKF

As a result of contributions made by individuals and groups, BKF is able to support patients and children with support such as clothes and school shoes.

The Foundation received 510 pairs of school shoes as a donation from Aum Khando of Bondey, Paro.

With such support in place, the patients' burden to take care of their children's need are minimized these environment makes a huge difference in the lives of those under dialysis.

5.3. Patients' Product Support

'Patients Product' is one activity identified for the patients residing at the Welfare house to meaningfully engage during their leisure hours. This activity keeps the patients' mind occupied and frees them from physical as well as mental pain

Figure 21: Materials support by BKF



Figure 22: CKD patient Yeshi teaching his daughter

they endure and further the sales help them sustain while having to undergo long term treatment occupying the welfare house.

The Foundation on this activity supports the patients by helping out with the seed money to buy materials required for the products. The BKF also mobilizes fund for such support from individuals and partners through social media.

BKF also do the promotion and selling of their end produce.



Figure 23: Patients & attendants with their produce



Figure 24: CKD patient Rajesh's mother working on the product

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Financial support from BKF Office

Year	Areas of Support	Amount Spent (Nu.)	Note:		
2012	Grocery Supply	10,000.00	Transportation Expenses include airfare during the review/treatment and local transportation for Mongar and Gelephu patietns		
	Grocery Supply	8,000.00	wongar and Gelephu patietris		
2013	Transportation Expenses	17,750.00			
	3. Treatment in India	20,000.00	Financial Support from BKF		
	Grocery Supply	58,335.00	Veer No of Batianta Cumparted		
	Transportation Expenses	18,355.00	Year No. of Patients Supported		
2014	Treatment in India	47,000.00	2012		
	4. Semso	29,080.00	2012		
	Patients' Product Support	12,923.00	2013 14		
	6. Others	3,131.00	2013		
	Grocery Supply	30,000.00	2014 25		
2015	Transportation Expenses	13,000.00			
	3. Treatment in India	7,000.00	2015 till April 18		
	4. Children's Academic	16,920.00			
	Expenses				
	Total Expenditure	291,494.00			

Financial Support through Partners & Stakeholders

Year	Areas of Support	Amount Spent (Nu.)	Note: Compart from partners & statishalders are
2012	Treatment in India		Note: Support from partners & stakeholders are initiated and coordinated by the BKF by
	Treatment in India	93,000.00	addressing the patients' need through social
2013	Grocery Supply	21,000.00	media.
	Materials support	10,200.00	
	4. Home Based Business	24,000.00	Financial Support by Partners
	support		
	Children Support	58,335.00	Year No. of Patients Supported
	7. Transportation Expenses	18,355.00	2012 1
2014	8. Treatment in India	47,000.00	2012
	9. Semso	38,080.00	2013 6
	10. Patients' Product Support	12,923.00	2013
	11. Others	3,131.00	2014 3
	5. Grocery Supply	30,000.00	
2015	6. Treatment in India	7,000.00	2015 till April 1
	7. Children's Academic	16,920.00	
	Expenses		
	Total Expenditure		

6. BKF AUDIT

The Royal Audit Authority (RAA) audited BKF from 25th July 2014 to 5th August 2014 for its period 01.08.2012 – 31.12.2013 and declared the report 'Clean'

कुःभः नाल्टः ग्रेन्गः विनः दन्दः दिव् ROYAL AUDIT AUTHORITY Bhutan Integrity House Reporting on Economy, Efficiency & Effectiveness in the use of Public Resources RAA/GGD/AR/BKF/2014/ 22919 The Executive Director Bhutan Kidney Foundation Thimphu Audit Report on the Accounts and Operations of the Bhutan Kidney Subject: Foundation (BKF), Thimphu for the period 1st August 2012 to 31s December 2013 Enclosed herewith please find the audited Financial Statements and auditors' report thereon in respect of the Bhutan Kidney Foundation, Thimphu for the period 1st August 2012 to 31st December 2013. The audit was conducted as required under the Audit act of Bhutan Auditors' Report on the Financial Statements As may be noted from the Auditors' Report, the foundation had generally maintained proper books of accounts and the Financial Statements were in agreement with the accounting records. Accordingly, the RAA has issued unmodified (clean) report. Audit Findings & Recommendations The auditors' review of the accounting records, internal controls and operations of the foundation revealed some deficiencies and lapses. However, all the audit findings were settled in view of the recoveries made and related supporting documents and evidences furnished subsequently which are transmitted separately in the form of Management Appraisal Report for future reference and compliance. The RAA acknowledges the kind co-operation and assistance extended to the audit team by the BKF Management which facilitated the timely completion of the audit. Yours sincerely (Chimi Dorji) Assistant Auditor General General Governance Division "Every individual must strive to be principled. And individuals in positions of responsibility must even strive harder."

-His Majesty the King Jigme Khesar Namgyel Wangchuck P.O. Box: 191, Kawajangsa, Thimphu: Bhutan. Tel: 322111 / 322833, Fax: 323491 Website: www.bhutanaudit.gov.bt, Email: info@bhutanaudit.gov.bt

Figure 25: The final Audit Report

BKF/AR-2014

7. The Year in Review

Sl. No.	Date	Activity/Programme/Events/Meetings
1.	20 th January	CKD patient Yeshi Tshering's children received sponsor for the academic expenses from Kuenphen Medical, Thimphu through BKF
2.	6 th February	BKF supported 66 pairs of school shoes to Ms. Sangay Lhamo, a transplant recipient for her to run a business.
3.	11 th February	CKD patient Karsang Dawa's children received sponsor for the academic expenses from Mrs. Tshering Wangmo of MoIC through BKF.
4.	14 th February	Distribution of groceries worth Nu. 17,960/- at Patient Guest House, Thimphu.
5.	20 th February	Financial support (Nu. 5,000 each) to transplant recipient Gomchen and Chonga Lhamo for their annual health review in India.
6.	13 th March	Observance of first ever World Kidney Day graced by Honorable Health Minister, Tandin Wangchuk.
7.	4 th April	Supported Nu. 6,000/- to Nima Gyeltshen (Acute Renal Failure) for treatment in India.
8.	14 th April	Distribution of 18 pairs of school shoes to the students of Chapcha Middle Secondary School and Gunitsawa Primary School.
9.	25 th April	Distribution of groceries worth Nu. 18,000/- at Patient Guest House, Thimphu.
10.	2 nd May	Distribution of 39 pairs of school shoes to the monks of Weringla Dratshang under Mongar Dzongkhag.
11.	13 th June	First ever patients meet at Tarayana Foundation Hall
12.	16 th June	Supported CKD patient Gangten Dorji with Nu. 5,000/- as travel expenses towards Gelephu.
13.	25 th July – 5 th August	Royal Audit Authority (RAA) audited BKF's financial year 2012 – 2013
14.	28 th July	Supported Nu. 7,000/- to Nima Gyeltshen (Acute Renal Failure) for treatment in India.

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15.	8 th August	15 members consisting 5 kidney patients on dialysis, transplant recipients, volunteer kidney donors and board and the management of the BKF received audience with Their Majesties at Lingkana Palace, Thimphu
16.	15 th August	Observance of BKF's 2 nd Anniversary with the kidney patients. Distribution of groceries worth Nu. 18,000/- at Patient Guest House, Mongar.
17.	18 th August	Financial support Nu. 7000/- given to widow Chejay Wangmo as semso.
18.	21st August	Meeting with the Honorable Minister, Ministry of Home & Culture Affairs following the ban imposed on financial donation by the patients' parties.
19.	28 th August	Financial & Grocery support to late CKD patient Karma Dorji.
20.	1st September	Meeting chaired by the BKF's Chairperson for 5 patients presented during audience with Their Majesties. The meeting focused on identifying the potential donor among the patients' family members and awareness on treatment.
21.	15 th September	Supported Nu. 7,000/- to Kinga Wangmo undergoing treatment in Vellore, India
22.	24 th September	Meeting with Honorable Health Minister to discuss on the issues pertaining to kidney disease.
23.	26th September	Supported Nu. 9,225/- as travel fare to Mongar Patients.
24.	13 th October	Financial support Nu. 10,000/- given as semso to late CKD patient Karma Dorji's family
25.	14 th November	Financial support Nu. 10,000/- from BKF and Nu. 10,000/- from others given as semso to wife of late CKD patient Obu Rinzin
26.	20 th November	Supported Nu. 10,000/- to CKD patient Karsang Dawa for his treatment in India
27.	25 th November	Supported Nu. 7,000/- to CKD patient Ganga Maya for her treatment in India

8. Financial Report 2014

8.1. Income & Expenditure

BHUTAN KIDNEY FOUNDATION

PO BOX: 448

Above Memorial Choeten

Thimphu: Bhutan

Income & Expenditure Statement

1-Jan-2014 to 31-Dec-2014

Particulars	Amount		Particulars	Amount	
Expenses		849903.00	Incomes		1094530.52
Miscellaneous	42904.00		Bank Interest Income	60373.52	
Depreciation	8087.00		Donations	1028157.00	
IFKF Membership			Membership Fees	6000.00	
Office Rent	96000.00				
Patient Support Expenses	147690.00				
Postage and Mailing	500.00				
Printing and Stationery	36213.00				
Professional Charges	63040.00				
Publicity and Advertisement	38750.00				
R&M - Equipments and Machineries	2650.00				
Salaries	360630.00				
Tally Software	18000.00				
Telephone, Fax and Internet	13656.00		**		
Travel and Mileage	17520.00				
Water and Electricity Expenses	4263.00				
Excess of Income over Expenditure		244627.52			
Total		1094530.52	Total		1094530.52

(Tashi Namgay

Executive Director
Bhutan Kidney Foundation
Thimphu:Bhutan

Original (Karra Tobray)

Programme Officer Bhutan Kidney Foundation (Dechen Lhamo)

Assistant Accounts
Officer
Bhutan Kidney Foundation



8.2. Balance Sheet

BHUTAN KIDNEY FOUNDATION

PO BOX: 448

Above Memorial Choeten

Thimphu: Bhutan Balance Sheet

1-Jan-2014 to 31-Dec-2014

Liabilities Amount Assets Amount					
Liabilities	An		Assets	Am	
Capital Grant		130500.00	Fixed Assets		179695.00
CSOFF Project	130500.00		Computer & Peripherals	88028.00	
Loans (Liability)			Furniture and Fixture	53169.00	
Current Liabilities		600.00	Office Equipment	38498.00	
Duties & Taxes	600.00		Current Assets	1	900024.14
Borrowings			Loans & Advances (Asset)	6835.00	
Salary Payable			Cash-in-hand	54488.00	
Excess of Income over Expenditure		948619.14	Bank Accounts	821888.0 7	
Opening Balance	703991.62		Account Receivable	4813.07	
Current Period	244627.52		Advance Rental	12000.00	
Total		1079719.14			1079719.14

Executive Director
Bhutan Kidney Foundation
Thimphu:Bhutan

(Karma Tobgay)

Programme Officer Bhutan Kidney Foundation (Dechen Lhamo)
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